



For the joy of gardening!

Estabrook's

SPEARMINT & PEPPERMINT

LIGHT

Choose sun to partial shade. Morning sun with some afternoon protection suits a pot that dries quickly in summer. Give plants enough light to produce strong, leafy shoots.

WATER

Keep soil evenly moist, checking pots often during warm weather. Water deeply and allow excess to drain. Unlike thyme, mint does poorly when the root ball repeatedly dries out.

SOIL & PLANTING

Plant in a roomy container with drainage to contain spreading roots. Set at the original depth. Keep the pot where runners cannot easily root into nearby beds, and inspect drainage holes for escaping roots.

FEEDING

A modest compost addition or light labeled herb fertilizer supports repeated harvests. Avoid heavy feeding that produces excessive growth. Refresh tired container mix when repotting or dividing plants.

SEASONAL CARE

Harvest young shoot tips regularly. Cut back spent flower stems to encourage leafy growth. Divide crowded plants in spring and renew the pot as needed. Stems die back naturally in cold weather; protect container roots through severe Maine winters.

HELPFUL TIPS

This guide covers identified culinary spearmint and peppermint, including Mojito Cocktail Mint. Keep varieties labeled and rinse harvested leaves. Mints spread vigorously, so dispose of runners responsibly. Water mint has a separate wetter-soil guide; pennyroyal and unrelated plants called mint are excluded.