



For the joy of gardening!

Estabrook's

OLD FASHIONED BLEEDING HEART

LIGHT

Provide partial shade or morning sun with afternoon shade. Old fashioned bleeding heart, *Dicentra spectabilis* (*Lamprocapnos spectabilis*), dislikes hot, exposed sites.

WATER

Water regularly while plants are growing, keeping roots moist but never waterlogged. Do not try to reverse normal summer dormancy by flooding the bed.

SOIL & PLANTING

Use humus-rich, well-drained garden soil. Set the crown at the nursery depth and allow space for its broad, arching spring growth.

FEEDING

A light compost topdressing supports growth in ordinary soil. Use a soil test before adding fertilizer; excess feeding cannot prevent heat-related dormancy.

SEASONAL CARE

Allow yellowing leaves to finish naturally before removing dead stems. Summer dieback is common after spring flowering. Mark the crown and pair it with later-growing shade plants to fill the gap.

HELPFUL TIPS

White and gold-leaved selections share this seasonal pattern. Avoid disturbing fleshy roots unnecessarily. All parts are harmful if eaten; wear gloves if sap irritates your skin. Fringed bleeding hearts and sun-loving Pink Diamonds have separate guides.