



For the joy of gardening!

Estabrook's

PARLOR AND BAMBOO PALM CARE

LIGHT

Parlor palm (*Chamaedorea elegans*) and bamboo palm (*C. seifrizii*) prefer bright, indirect light. They tolerate lower light, but grow best with good filtered daylight. Protect fronds from strong direct sun through glass. Turn the pot occasionally to encourage even growth.

WATERING

Water when the surface of the potting mix becomes slightly dry, keeping the root ball lightly moist. Soak evenly, allow excess water to drain and empty the saucer. Reduce frequency in winter. Avoid constantly wet roots or letting the entire pot become dry for long periods.

SOIL

Use a rich, well-drained houseplant mix in a container with drainage holes. Repot only when roots crowd the pot, moving up just one size. Handle roots gently and keep the stem bases at the original planting level. Large pots can retain too much moisture.

TEMPERATURE & HUMIDITY

Comfortable room temperatures around 65-80°F suit these palms. Keep away from cold glass, hot radiators and air-conditioning drafts. Moderate humidity supports attractive foliage, although parlor palms tolerate average household air. A humidifier can help when indoor winter air is especially dry.

FERTILIZING

Feed lightly during active spring and summer growth with a balanced houseplant or palm fertilizer, following label directions. Do not feed during slow winter growth. Avoid overfertilizing; palms grow slowly and excess salts can damage roots and brown leaf tips.

PESTS & PRUNING

Check frond undersides for mites, scale and mealybugs. Isolate infested plants promptly. Remove fully brown older fronds with clean scissors, retaining healthy green growth. Never cut off the central growing spear or shorten a living stem; palms cannot regrow from a topped stem.